Mental Health and CONTINUUM®

ASAM's CONTINUUM helps clinicians systematically examine co-occurring addiction and mental health conditions. With CONTINUUM, clinicians can identify prior history of mental health conditions and note any signs and symptoms manifesting during the CONTINUUM assessment.

CONTINUUM's structured interview helps clinicians assess psychiatric syndrome areas including:

- Anxiety Disorders (eg, panic attacks, agoraphobia, PTSD, and social phobia)
- Mood Disorders, both depressive and bipolar, with neurovegetative symptoms
- Obsessive and compulsive symptoms
- Eating Disorders
- Thought Disorders
- Cognitive impairment

CONTINUUM assists the interviewer in distinguishing each symptom's perceived relationship to substance use, ie, whether the patient believes the symptom is:

- Related to substance use and intoxication
- Related to substance withdrawal
- Unrelated or independent of substance use

Suicidality is systematically assessed in its key components:

- Suicidal ideation
- Suicidal plan
- Suicidal gesture